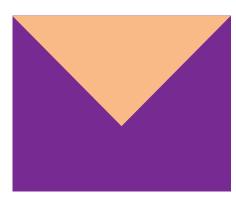


Putting pen to paper

A writing workbook





About this workbook

This 'Putting pen to paper' writing workbook is for adults who would like to improve or practise their writing skills.

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Note for learners

We need many writing skills in our everyday life. This 'Putting pen to paper' writing workbook is for adults who would like to improve or practise their writing skills. You will be able to keep it as a record of your progress.

You will find exercises on the following:

- Capital letters
- Writing dates
- Sentences
- Addresses
- Lists
- Notes
- Cards
- Postcards
- Personal letters
- Formal letters
- Filling in forms

We hope you enjoy using this workbook.

Need help?

Want to improve your reading, writing, maths or technology skills? We can help. You can Learn with NALA over the phone or online, or in your local Education and Training Board.

Call NALA on Freephone 1 800 20 20 65 or visit our website www.nala.ie/free-courses to find out more.



Note for tutors

The 'Putting pen to paper' writing workbook is for learners who wish to improve their writing.

Our aim was to make this workbook clear, relevant and practical with tips and ideas for basic writing skills, providing plenty of opportunities for practice.

It is also compiled as a resource to be used by tutors with one to one or group learners. The worksheets become more difficult as you progress. Feel free to dip in and out in order to suit each learners' needs and develop their writing skills.

Each learner should have their own workbook but please photocopy the worksheets as needed to provide extra practice.

We also hope that tutors will be able to supplement this workbook with other resources.

Enjoy using this writing workbook!



Introduction

Writing is about putting information and thoughts into words on paper.

There are many reasons why you might need to write something down.

- ✓ To give information
- ✓ To get information
- ✓ To keep in touch
- ✓ To keep a record of something important
- ✓ To help you remember

There are many times when you might want or need to write.

Here are some examples:

- Taking phone messages
- Writing a text message
- Writing cards to family and friends
- Sending a postcard
- Writing a letter to a friend
- Writing a note to school
- Lists shopping, things to do
- Applying for a job
- Filling in a form

If you are writing for yourself – like a shopping list – you do not need to worry about spellings. As long as **you** can read it, that is what matters most.

When you are writing for others it is important to check your spellings and know that you have included all the right information.

Remember that practise is the best way to improve!

Can you answer yes to one or more of the following questions?

	Yes	No
Do you try to avoid writing at certain times?		
Do you find filling in a form hard?		
Have your writing skills stopped you from doing something you would enjoy?		
Do you want to brush up on your writing skills?		

Then read on as this workbook will help you to improve your practical writing skills.



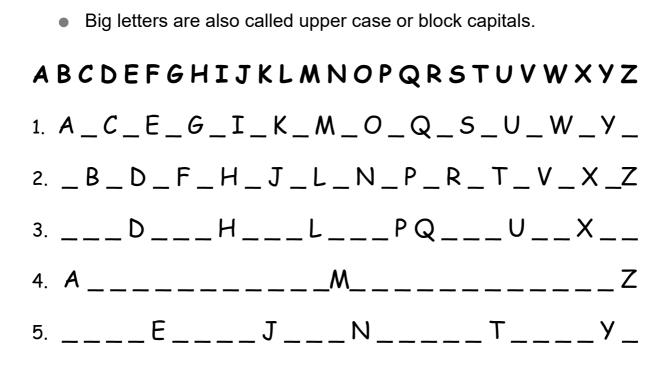
Tips for getting started

- Make sure you are sitting comfortably.
- Warm up your hands by rubbing them together.
- Stretch and wiggle your fingers.
- Touch each finger to your thumb.
- Move your wrists in a circle to get your hand ready.
- Use a nice pen. Try out different sized pens and nibs to find one that you like to write with.
- You can buy a soft grip to make holding the pen easier.
- Try to keep your hand relaxed when you write and don't hold the pen too hard or too tight.
- Have something to lean on or use a thick pad of paper.
- If you are filling in an important form, make a copy so you can practise first or ask for extra forms.
- Take your time.
- Think about what you want to say.
- Get your ideas down first then write it out again.
- You can look up any spellings you are unsure of in the dictionary or online.

What helps you write better?

Good writing uses both capital and lower case letters

Fill in the gaps with the missing letters of the alphabet.



Small letters are also called lower case letters.

 a b c d e f g h i j k l m n o p q r s t u v w x y z

 1. a _ c _ e _ g _ i _ k _ m _ o _ q _ s _ u _ w _ y _

 2. _ b _ d _ f _ h _ j _ l _ n _ p _ r _ t _ v _ x _ z

 3. _ _ d _ _ h _ _ l _ _ p q _ _ u _ x _ _

 4. a _ _ _ m _ _ m _ _ _ _ m _ _ _ z

 5. _ _ e _ _ j _ _ n _ _ y _



Capital letters

Names

Capital letters are **always** used:

✓ For the first and last name of a person

Nora Kelly Patrick Murphy

Write this list of names using capital letters in the right place. The first one is done for you.

Example		
rita molloy	Rita Molloy	
nat hyrno		
pat byrne		
anna santos		
jim farrell		
pawel nowak		
angela mcdonagh		
sara dunne		
Answers on page 103		

Write your family and friends' names.

Name and address

Capital letters are **always** used:

- ✓ For the name of a place such as **F**ota or **L**iffey **V**alley
- ✓ Writing your address such as **D**ublin, **C**ork.

Write out the following names and addresses using capital letters in the right places. Make sure each part of the address is written on a different line.

valentine kelly, clover lane, sallins, co kildare

vera doyle, parkgate, mount sion, co waterford

Answers on page 103

Where do you live? Write your address.

Using 'l'

Capital letters are **always** used:

When writing I in a sentence.
 If I try my best I know I will succeed.
 I wish I was in Carrickfergus.

Write down what you did this morning after you got up.

You could start off with:

I got up at seven o'clock.

I had a shower.



Start of a sentence

Capital letters are **always** used:

✓ At the beginning of every sentence

We learn something new every day.

Examples
I enjoy reading.
In the summer I also do a bit of gardening.
G olf is a good pastime.
Y ou don't have to be very good to enjoy it.

Write some sentences about what you did yesterday. Try and write two sentences at a time.

Make sure you start with a capital letter and finish with a full stop.

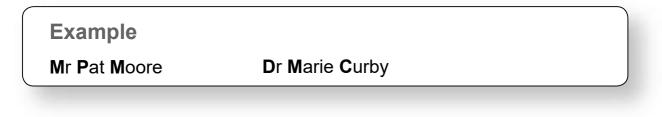
1.	
0	
2.	
3.	

Titles

Capital letters are **always** used:

 For titles - formal way to refer to someone
 Mr – man
 Mrs – married woman
 Ms – single or married woman
 Dr – doctor

Write your name with your title.



You are organising a murder mystery party. You are writing out invitations with the names of the characters and you want to give them their proper titles. Use capitals for the names as well.

Example dr jekyll	Dr Jekyll	
1. mr hyde		
2. mr magoo		
3. dr watson		
4. mrs hyacinth bucket		

Answers on page 103

Names

Capital letters are **always** used:

For the **names** of films, books, songs, television shows, shops, products

Spiderman, The Snapper, Irish Independent, White Christmas, Eastenders, Dunnes, Cadburys

What are your favourites?

Favourite film	
Favourite book	
Favourite newspaper	
Favourite song	
Favourite television show	
Favourite shop	
Favourite snack	

Some names have words like **and**, **the** or **of** in the title and these have small letters.

Examples	
The Playboy of the Western World	
Lord of the Rings	
Beauty and the Beast	

Can you think of another film or book that uses **and**, **the** or **of** in the title?



Writing days and months

Days of the week

There are seven days in a week. Each one starts with a capital letter.

Look at the way each word is spelled. Each word ends in **day**.

Mon day	Tues day	Wednes day	Thurs day
Fri day	Satur day	Sun day	

Look at the way the word is broken down.

Mon day	Tues day	Wed nes day	Thurs day
Fri day	Sat ur day	Sun day	

Fill in the gaps with the missing letters

M day	M d
Tud	Ts
Wed d	Wn_d
Th day	T_ud
F da _	i
urda _	Satday
ay	Sd

Days of the week – Fill in the gaps

- 1. The first day of the working week is a $M _ d _$.
- 2. The day after Monday is $T_e d_y$.
- 3. Lots of people work from $M ____y$ to $F___a$.
- 4. The middle day of the week is Wed _ _ _ day.
- 5. The weekend is S_ _ ur _ _ and S _ _ d _ _.

Answers on page 103

My favourite day of the week is	
I usually buy a newspaper on a	
Sometimes I go for a walk on a	
I meet my friends on a	
My bin is collected on a	

Wordsearch

The days of the week are hidden in the puzzle below. Can you find them? The words are placed from left to right, top to bottom or diagonally.

Monday Tuesday Wednesday Thursday Friday Saturday Sunday



Short form of days of the week

You can write the days of the week in a short way if you are writing a note.

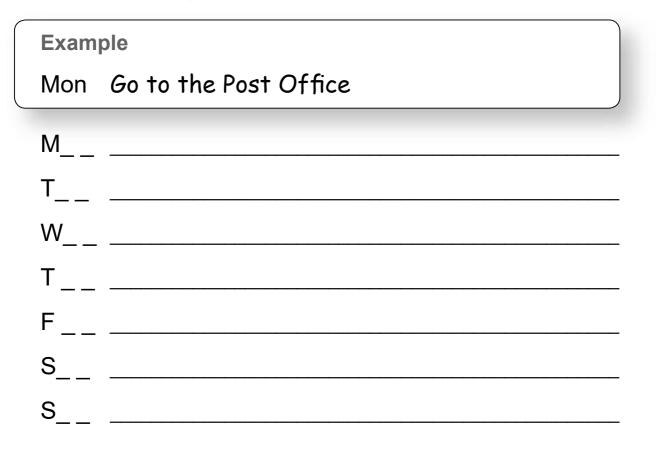
Mon 9 January

Look at the way the first three letters of the word are used to write the day in a shorter way.

Then fill in the gaps with the short form of the day.

Mon day	Mon	Mon
Tue sday	Tue	
Wed nesday	Wed	
Thu rsday	Thu	
Fri day	Fri	
Sat urday	Sat	
Sun day	Sun	

Make a note of what you need to do this week.



Months

There are 12 months in the year.

It is really useful to be able to spell them all.

Each month starts with a capital letter.

Look at the way the word is spelled and the way it is broken down. Fill in the gaps.

1.	January	Jan u ary	Ju
2.	February	Feb ru ary	Fry
3.	March	Mar ch	M c _
4.	April	A pr il	A i _
5.	May	M ay	M
6.	June	June	_ u
7.	July	Ju ly	Ju
8.	August	Aug ust	Aug
9.	September	Sep tem ber	St_b
10.	October	Oct o ber	00
11.	November	No vem ber	No b
12.	December	De cem ber	D_cer

Writing the months

- 1. The first month of the year is $J _ _ _ _ y$.
- 2. Valentine's Day is on 14 $F_r a_r$.
- 3. M _ _ ch 17 is Saint Patrick's Day.
- 4. Easter sometimes occurs in A _ _ _ I.
- 5. The month after April is _ _ _.
- 6. Lots of people have exams in $J _ e$.
- 7. Children are on holidays in $J _ I _$ and $A _ _ _ t$.
- 8. S___em___ is when children start school.
- 9. Halloween is in *O*___o__.
- 10. The month before Christmas is _ _ _ ember.
- 11. Christmas is in _ _ _ em _ _ _ .

Answers on page 104

Finish off the sentences by writing in a month

This month is		
Last month was		
Next month is		
My birthday is in		
My favourite month is		
I like to take my holidays in		
I know someone with a birthday in		
The month after my birthday is		

Short way of writing the months and years

When you are writing down the date in a personal letter or on a note you might like to write the month in a shorter way.

22 January 2024 or 22 Jan 2024

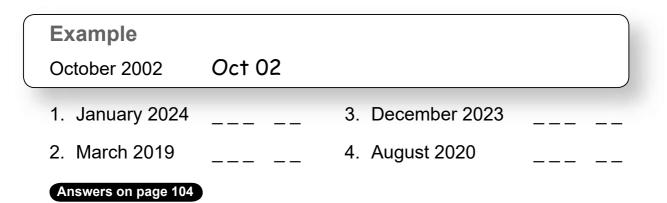
You write the first **3** letters of the month to show the whole month.

Examples					
1. February	Feb				
2. Septemb	er Sept	The or	nly month with	4 letters	J
low you try					
Jan uary		Мау		September	
February		June		October	
March		July		November	
April		August		Dec ember	

You can write the year in a short form as well. You use the last two numbers of the year like the number plate on a car.

Examples			
20 23 is 23	20 15 is 15	2024 is 24	

Write the following dates using the short form of the month and the short form of the year.





Writing sentences

What is a sentence?

- 1. A sentence is a group of words that make sense when put together. It means something.
- 2. A sentence begins with a capital letter.
- 3. A sentence ends with a full stop.

These are two short sentences.

My name is Mary. I live in Galway.

You can use the word **and** to put more information into your sentence.

Be careful not to make your sentences too long! A good tip is to use **and** only once in each sentence.

Example

My name is Michael **and** I live in Mayo.

This is a sentence because:

It makes sense and we can understand it. \checkmark It begins with a capital letter. \checkmark It ends with a full stop. \checkmark

What is a sentence

Question – Is this a sentence?

it was a

Answer – This is not a sentence because:

It does **not** make sense and we can't understand it. XIt does **not** start with a capital letter. X

It does **not** end with a full stop. X

Now you check.

✓ the yes box if you see a sentence here. Yes No

- 1. the cat went to the.
- 2. I can hear the dog barking.
- 3. It is a lovely day.

4. we went to the beach and then

Answers on page	104
Answers on page	

Match the beginning to the ending

Match the beginnings and endings to make a sentence. Then write out the new sentence. The first one is done for you

- 1. The weather is ______ the show will start.
- 2. In the city the very nice today.
- 3. At eight o'clock and our team won.
- 4. Our cat is traffic is very heavy.
- 5. We went to the match black and white.
- 1. The weather is very nice today.

2.			
3.			
4.			
5.			
Ans	Answers on page 104		

Put words into sentences

Now write some more sentences of your own. Write a sentence about something these words remind you of. Put each **word** in a sentence.

Example Christmas	We always put up a <u>Christmas</u> tree.
Holiday	
Shopping	
Birthday	
Book	
Read	
Write	

Writing sentences

Answer the following questions.

Try to use as many words as you can in your sentence.

Example		
What is your name?	My name is Mary.	
What is your name?		
Where are you from?		
How many are in your fa	mily?	
What is your favourite for	od?	
		-
What do you like to do in	your spare time?	
What do you like to do o	n a Saturday?	
-	-	

Finish off these sentences

Make up a sentence using these beginnings. Don't forget to end with a full stop.

Last year	 	 	
On holidays I	 		
Yesterday	 	 	
Tomorrow	 	 	
Next week	 	 	
<u>My favourite</u>	 	 	



Putting in the full stop

Put the full stops in the right places to make **two** sentences. Write out the sentences.

Make sure your capital letters and full stops are in the right place.

Example
it is a very wet day we will need to bring an umbrella
It is a very wet day. We will need to bring an umbrella.

- 1. the dog had a lovely white bone another dog tried to take it from him
- 2. we went to the pictures last night it was a very good film
- 3. at the wedding on saturday we had our photos taken they were very nice
- 4. the football team that won the league came to our town the crowd was shouting and cheering

Answers on page 104



More capital letters

Days of the week

Capital letters are **always** used:

- ✓ For the days of the week
 - Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Fill in the gaps. Don't forget your capital letters.

- 1. Lots of people work from _ _ _ day to _ _ _ day.
- 2. The second day of the week is _ _ _ day.
- 3. On _ _ _ n _ _ day you are halfway through the working week.
- 4. Shops are often open late on a _ _ _ _ day.
- 5. The weekend is _ _ _ day and _ _ day.

Answers on page 104

What is your favourite day of the week?	
What day do you do your shopping?	
What day do you have some free time?	

Months of the Year

Capital letters are **always** used:

✓ For the mont	hs of the year	
J anuary	February	March
A pril	Мау	J une
J uly	A ugust	S eptember
October	N ovember	December

What month is this?

What month is your birthday in?

What month is Christmas in?

What do you think the coldest month of the year is?

What month do you like to take your holidays?

Putting it all together

All these sentences have had the capital letters left out.

Write the sentences putting the capital letters in the right place.

Example

i love to listen to music while i am cooking.

<u>I</u> love to listen to music while <u>I</u> am cooking.

1. i went to the shops on thursday.

2. it rained all day when we were out walking.

3. the postman has extra work at christmas.

4. we had a great time at the races in galway.

5. there is a lot of work needed to fix up an old house.

6. she has to buy a lot of new furniture.

7. he took his dog spot for a walk by the river.

8. they had a public meeting in the town hall and i could not attend.

Answers on page 104

Putting it all together 2

Example

i will call you when i am ready on friday night. (3)

This number shows there are 3 capital letters missing.

<u>I</u> will call you when <u>I</u> am ready on <u>F</u>riday night.

Example

mrs byrne does her shopping in supervalu. (3)

<u>M</u>rs <u>Byrne does her shopping in <u>S</u>upervalu. (3)</u>

Write out the sentences using capital letters in the right place.

- 1. today is sunday 5 december. (3)
- 2. fair city is on a tuesday, thursday and sunday. (5)
- 3. my friend tom works for the irish independent. (4)
- 4. mary and michael are related to dr. brown. (4)

5.	in june we are going to crosshaven in co cork. (5)
6.	paris is the capital city of france. (2)
7.	i think i left my bag in the cinema when we went to see toy story. (4)
8.	ann and sarah work in dunnes stores. (4)
9.	angela's ashes by frank mccourt is set in limerick. (6)

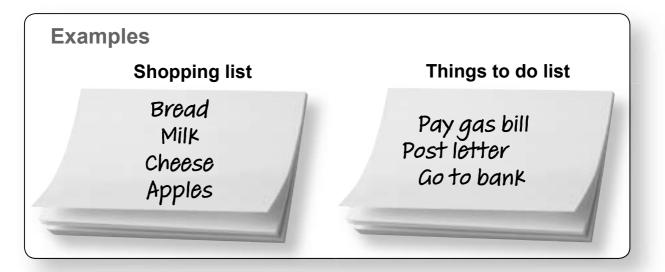
Answers on page 105



Writing lists

A list can help you remember things.

- It helps you to focus when you are busy.
- It may save you time.
- You can ✓ things off as you do them.



Making lists

You have friends coming over at the weekend. Think about what you will give them to eat and drink. Write out your shopping list and also what you need to do before they get there.

Shopping list	Things to do list
Bread	Clean bedroom
	- / /

Putting your list in order

Sometimes you might want to write your list in the **order** you want to do things.

This might be because some places you have to go are beside each other like the supermarket and Credit Union. Some things might be very important and need to be done first.

For example if the Post Office shuts at 1pm you might need to go there first.



Make out a **Things to do** list for tomorrow.

Quickly write out what you want to do.

Then write numbers beside it in the **order** you want to do them.

Things to do

Wish list

Sometimes people plan things they would like to do before their next birthday or for the New Year.

They might want to:

- join the gym
- do an art class
- do a parachute jump
- do more exercise

Think of some things that you would like to do in the next year.



What would you do if you won money in a competition?

Write a list of the things you would do with the money.

I would buy	
I would travel to	
I would give money to	
I have always wanted to	

Tinyo

SOLANO

Lists can help you to remember

Imagine it is the festive season.

Write a list of people you want to send cards to.

card list	1	K
Auntie Sheila	4.	1 Ser
The Byrne family		

Lists can help you to plan ahead

Make a list of people you could get a present for. Then think of a present you could get for them.

I want to get a present for	Present
The Byrne family	biscuits
<u>Pat</u>	book on football
•	
•	
•	
•	

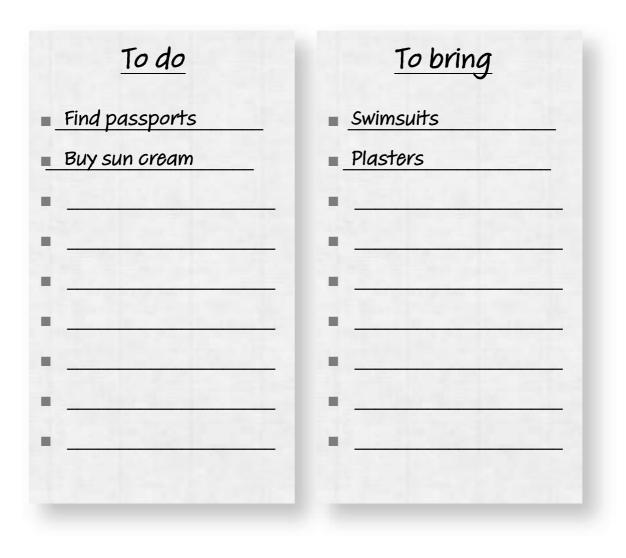
Lists can help you be more organised

Imagine you are going on holidays.

- 1. Write a list of things you need to do before you go.
- 2. Write a list of what you need to bring with you.

Here are some things to get you started.







Notes are a very useful way to leave a short message.

You might write a note when you are:

- ✓ Giving someone a message
- Letting someone know where you are
- ✓ Asking someone to do something
- ✓ Giving information for example giving directions

Can you think of times in your life when writing a note might be useful?

Tips for writing notes

- Keep it short and to the point.
- Sign your name.
- Write the time and day.
- You can write short sentences.
- For phone messages keep a pen and paper beside the phone.

Example

You want your daughter to feed the dog, you could leave a note to ask her to do it.

Tues 10am

Kate I have to go to work. Don't forget to feed the dog.

Dad

Example

Leave a note for Mary to say that you have gone to collect Paul. You want her to turn on the cooker and put the chicken in when it heats.

	Thu 7pm		
	Mary Gone to collect Paul.		
	Turn on cooker to 180° and when it heats.	put in chick	en
4	Won't be too long.	Ann	

Now you can practise writing some notes of your own.

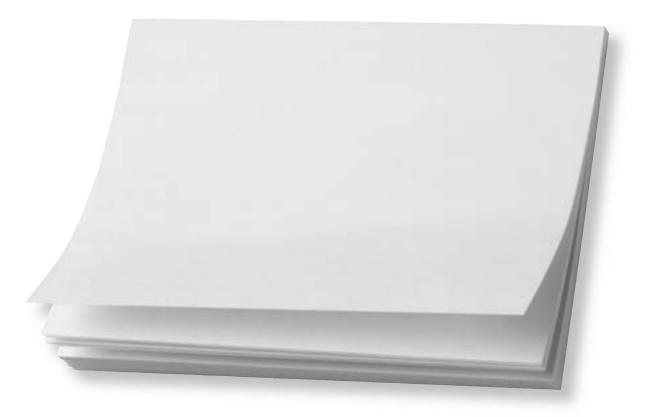
Write a note to a friend saying that you will be home late. Tell him why you will be late and when you hope to be back.



Write a note for your daughter telling her to buy two cartons of milk and some cream.



Write a note to your son telling him to collect the birthday cake from O'Brien's Bakery at 3pm.



Give directions to your friend to get to your local shop.



Let your family know that you are at the hospital with your friend.

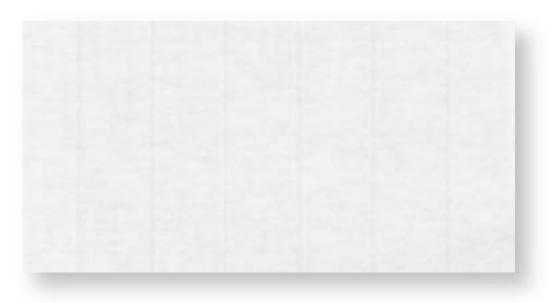


Writing a note to the school

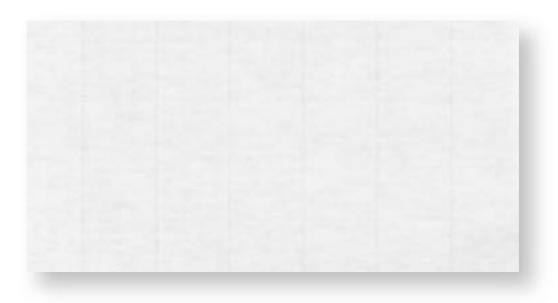


Writing a note to the school

1. Write a note explaining why your child needed to be excused from school for the last week.



2. Write a note explaining why your child needs to be let home from school for an appointment tomorrow.



You might find some of the following words useful.

Miss	Sir	school	absent
today	tomorrow	yesterday	flu
late	early	dentist	doctor
hospital	appointment	headache	stomach
excuse	leave	release	

Writing a phone message

Tips for writing a phone message

- Have a pen and paper by the phone.
- Write down all the important details.
- Make sure to put down the date and time.

Example

You took a phone message for your boss to say the 4pm meeting with the builders was cancelled.

They will ring again to make a new appointment.

Telephone message

For: Jim

From: O'Casey Builders

Message: 4pm meeting <u>cancelled</u>. They will ring you again to make new appointment.

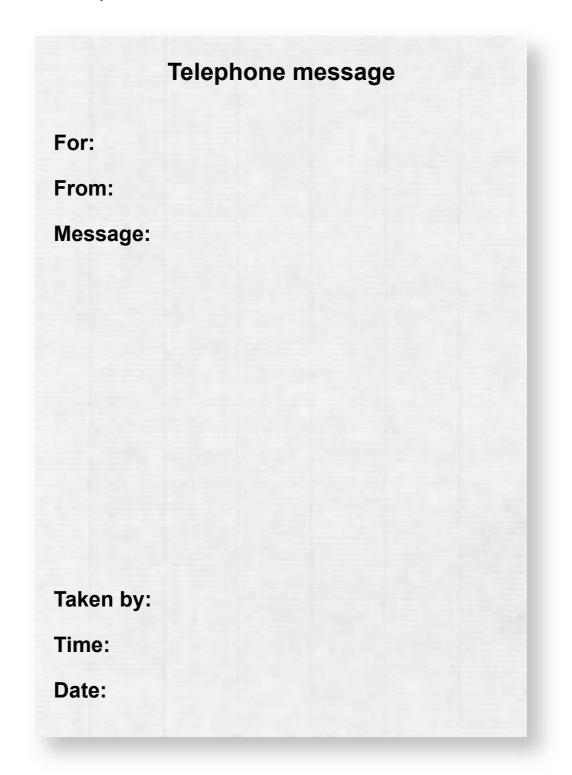
Taken by: Mary

Time: Ipm

Date: 10 Jan 23

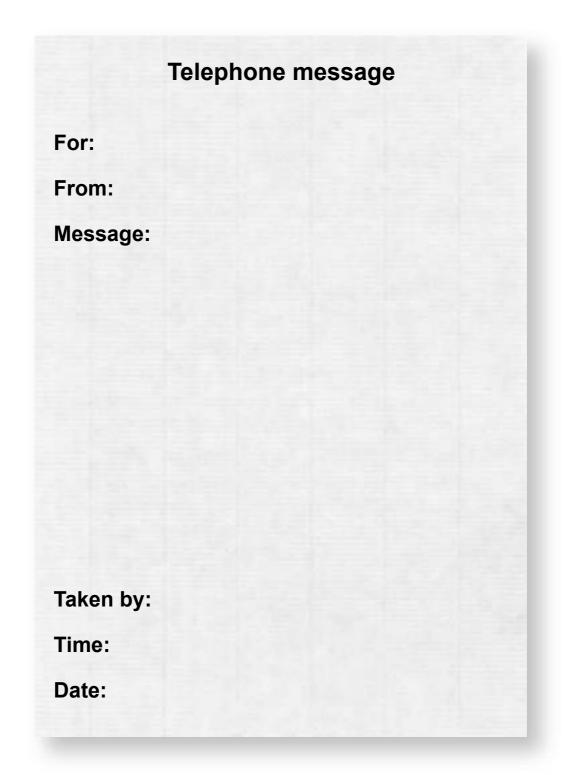
Writing a phone message

Leave a message for your daughter telling her that her boyfriend will collect her at 7pm.



Writing a phone message

Leave a message for your partner saying that the meeting for 2pm tomorrow is cancelled.





Writing a card

There are many different times when we might like to send someone we know a card.

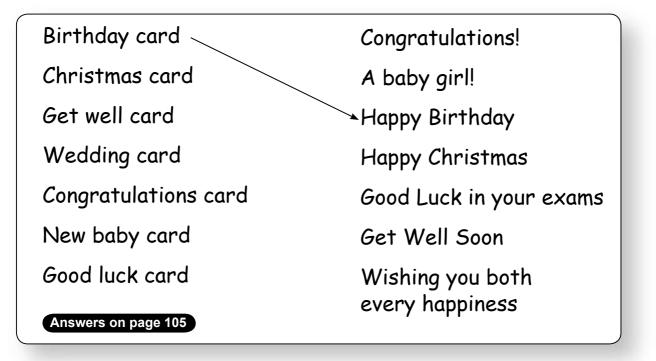
While there are many different cards they usually follow the same layout. Once you have written one or two cards it will be easy to write others!

Match the greeting to the card

Here are examples of cards you could send.

Each card has a different message or greeting.

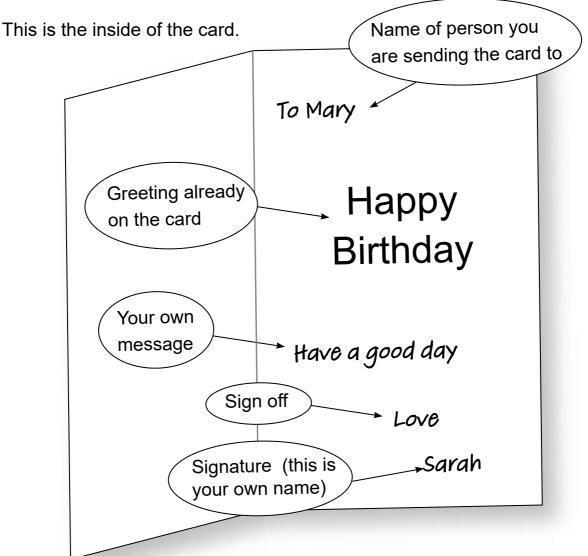
Draw an arrow from the card to the right greeting.



Tips for writing a card

- Take your time.
- Think about what you want to say.
- You can write it out roughly first if you wish.
- Check your spelling.

Layout of a card



Writing your own message

Examples	Wishing you all the best.
	Good luck in your new home.
	Thank you for your lovely present.
	Our thoughts are with you at this time.
	Hope you will be feeling better soon.

Signing off

Examples	Love	See you soon	
	All my love	Best wishes	

Examples

Here are the right inside pages of some cards.

To Mary

Happy Christmas and a Happy New Year

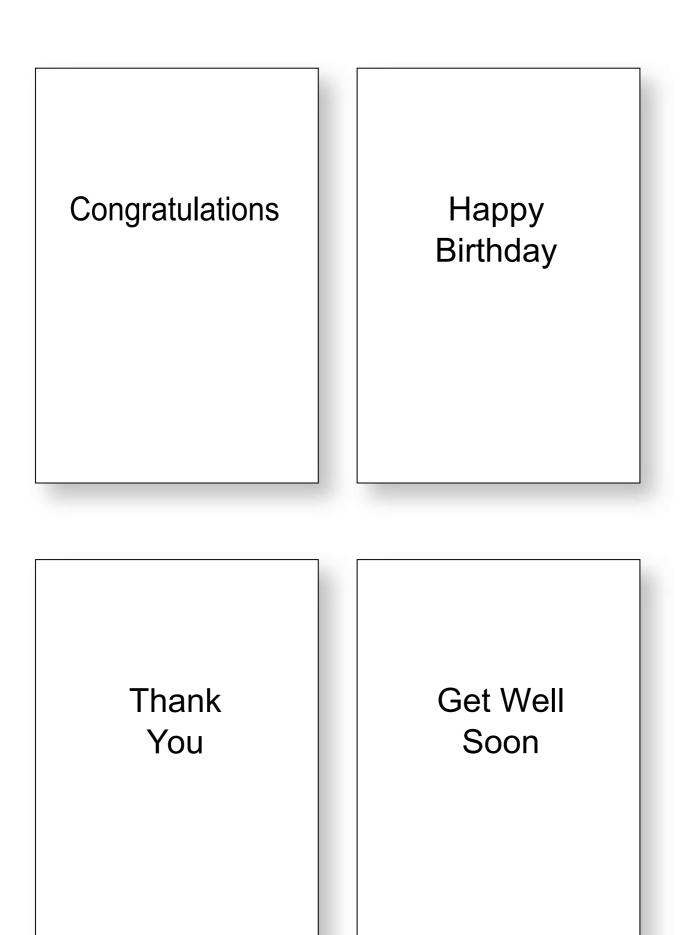
Hope to see you soon Love from Kathleen To Kate, Joe and family

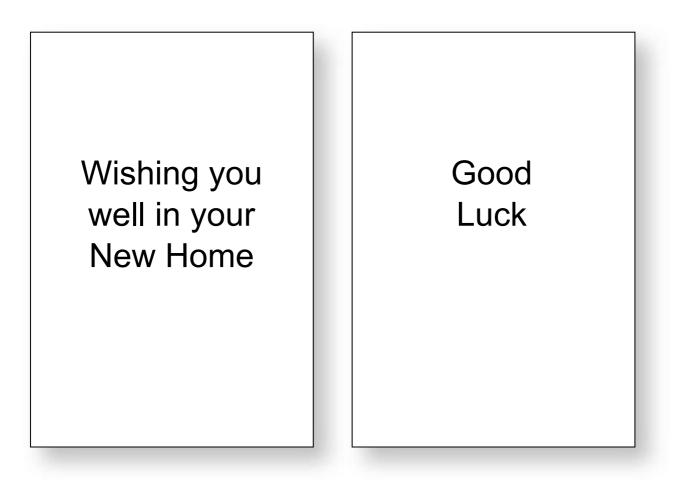
> Good Luck in your New Home

Love from The Byrne Family

Now write some cards of your own.







Some cards are blank for your own message. They can be very useful when you just want to send someone a quick hello.





Postcards

When you are away on holiday it can be nice to write some postcards:

- To let people see what the place you are in is like
- To let them know that you are thinking of them

Tips for writing a postcard

Writing a postcard is like writing a short note. You don't have a lot of room so just write a few lines. You don't need to write long sentences.

Example

Instead of writing 'I am having a lovely time'. You could write: 'Having lovely time'.

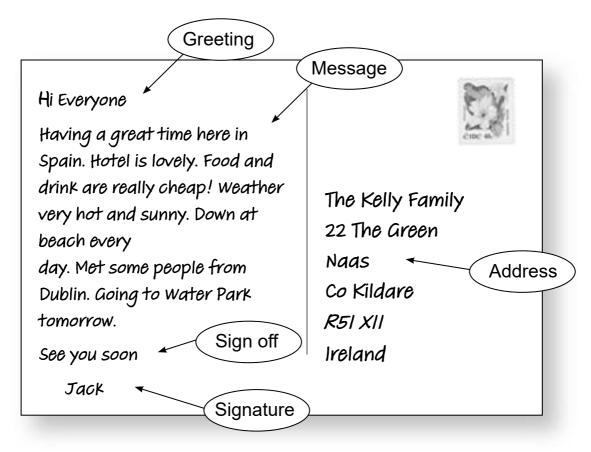
Write your message on the **left** side of the card.

Write the address on the **right** side of the card.

Don't forget to write down the country if you are sending it back to Ireland. Don't forget to leave room for the stamp!



Sample postcard



The Greeting could be:

Hi Everyone Greetings from sunny Spain Weather lovely Wish you were here Having the best time

The Sign off could be:

Love See you soon That's all the news for now Best wishes Lots of love

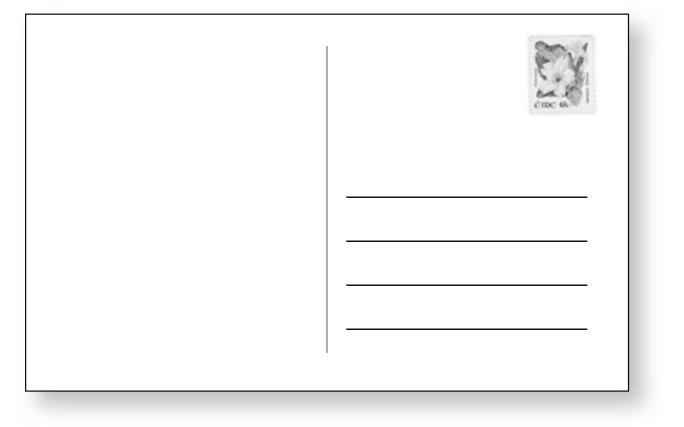
Writing postcards

Imagine you are on holiday in France with some friends. Ask yourself some questions to get your ideas going.

- How did you get there?
- What is the place you are staying in like?
- What is the weather like?
- What kind of things have you done or would like to do?
- Where did you visit?

Here are some words you might use in your message.

apartment	hotel	airport
beach tours	pool	weather
duty free	pub	shopping
views	sight-seeing	souvenirs
	trips	swimming



Writing postcards

Imagine you are in Spain on a cooking holiday.

- Where is the place? Look at an atlas if you want.
- How many people are on the course?
- What have you learned?
- Do you like the cooking or find it very hard?
- What are you doing in the evenings?
- Why did you go there?

Remember these questions are just to get you started. Your own ideas are the most important.



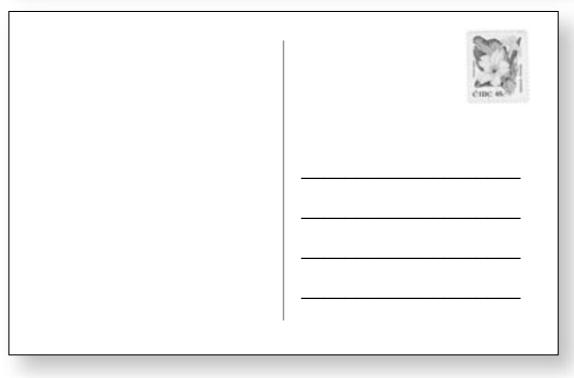
Writing postcards

Look at the picture on the front of the postcard.

Imagine that you are there.

Write about what you were doing, what it is like and if you are enjoying that kind of holiday.



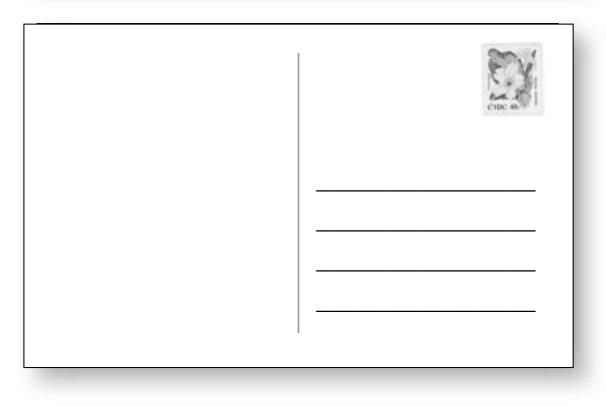


Wish you were here?

Look at the picture on the front of the postcard.

This shows a holiday that might not have gone so well as there was construction beside the hotel. Write about what went wrong on the holiday.





Trip of a lifetime

You have won a competition and you have just gone on the trip of a lifetime. Think about where in the world you might be.

What experience would you really enjoy?

- Climbing a mountain in Nepal
- Skiing in Austria
- Shopping in New York
- Riding a horse on a beach
- Flying in a hot air balloon

Take time to think of your own ideas.

Write a postcard to a friend describing this experience of a lifetime.





Writing dates

Order of the months

January is the first month of the year. December is the twelfth month. It is the last month. Christmas is in December

- 1. January First
- 2. February Second
- 3. March Third
- 4. April Fourth
- 5. May Fifth
- 6. June Sixth
- 7. July Seventh
- 8. August Eighth
- 9. September Ninth
- 10. October Tenth
- 11. November Eleventh
- 12. December Twelfth
- 1. What is the fourth month?
- 2. What is the tenth month?
- 3. What is the twelfth month?
- 4. What is the sixth month?
- 5. Which month is November? _
- 6. Which month is September?

Writing the number in a date

How to write first, second, third as a number

Example

To write First

Write the number: 1

Then the word fir**st** is shortened to the last two letters. It is written small and beside the number: 1st

Examples		
First	1 st	
Seco nd	2 nd	
Thi rd	3rd	
Twenty-fir st	21 st	

Many words end in th

Fourth 4th Fifth 5th

Now have a go writing the dates. Don't forget to look at the last two letters in the word if you are not sure.

a) First	1 ^{s†}	f) Twentieth	
b) Second	2 nd	g) Twenty-first	
c) Third		h) Twenty-second	
d) Fourth		i) Twenty-third	
e) Twelfth		j) Thirty-first	

Writing dates using words and numbers

When you write the date this shows the day, the month and the year. You can write it using numbers and words.

6 December 2024 Christmas is on 25 December 2023. I am on holidays on 10 June 2024.

Write the following dates using numbers and words.

Today's date	
Your birthday	
A friend's birthday	
Saint Patrick's Day	
Saint Valentine's Day	
Halloween	

Write the short form of the month and year.

Da	y Month	Year		Day	Month	Year
23	January	2024		23	Jan	24
		_				
a)	1 March 202	20				
b)	15 February	1963				
c)	26 April 195	0	<u></u>			
d)	18 June 201	1				
e)	30 October	1975				
f)	3 August 19 ⁻	79		• · • • •		

Days in the month

Do you know how many days are in this month?

This rhyme may help you remember.

30 days has September, April, June and November All the rest have 31 Save for February alone That has 28 days clear And 29 in each Leap Year

Now use the rhyme to help you find the answers.

- 1. How many days in August?
- 2. How many days in March?
- 3. How many days in September?
- 4. How many days in January?
- 5. How many days in April?

Answers on page 105

A Leap Year is every 4 years.

How many days are in February this year?

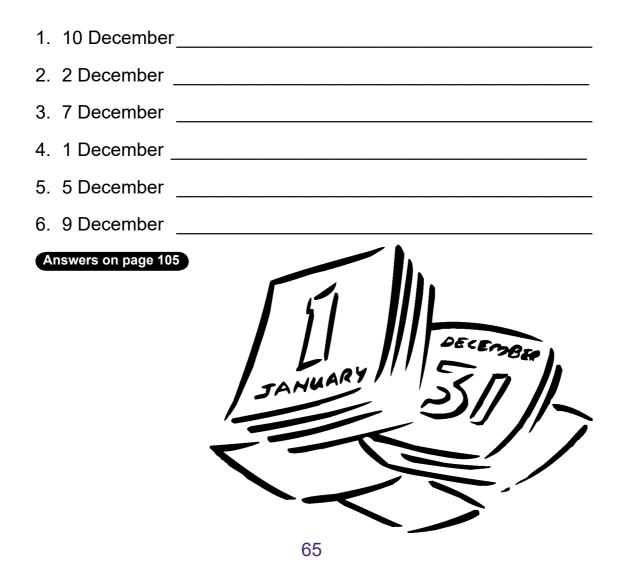
Check the calendar to find out.



Using the calendar

December								
Monday Tuesday Wednesday Thursday Friday Saturday Sunday								
1	2	3	4	5	6			
8	9	10	11	12	13			
15	16	17	18	19	20			
22	23	24	25	26	27			
29	30	31						
	1 8 15 22	Tuesday Wednesday 1 2 8 9 15 16 22 23	TuesdayWednesdayThursday1238910151617222324	TuesdayWednesdayThursdayFriday12348910111516171822232425	TuesdayWednesdayThursdayFridaySaturday123458910111215161718192223242526			

Which day of the week do the following dates fall on in the calendar above?



Writing the date using numbers only

Example				
Day	Month	Year		
6	December	2024		
This is the same as				
6	12	2024		
Remember – December is the twelfth month				
To write this down using numbers you can separate each one by a line. 6 / 12 / 2024				

Now write the date using numbers.

12 August 1999	12/8/1999			
29 November 2004	29/11/2004			
a. 15 May 2001				
b. 4 April 2016				
c. 26 June 2000				
d. 6 July 2019				
e. 18 August 2022				
f. 1 November 2021				
Answers on page 105				

You can also separate the date by a dot or by a dash

6.12.2024 6-12-2024

Writing dates - Putting it all together					
Numbers and words	Numbers	Boxes			
25 February 2022	25/2/2022	25 02 22			
Write out the following dates					
Your date of birth					
	/ /				
Family member's date of t	pirth				
	/ /				
Family member's date of t	pirth				
	/ /				
Friend's dates of birth					
	/ /				
	/ /				
	/ /				



Addresses

Writing the address in a letter

Your address goes on the top right hand side of the page.

Each part of the address goes on a different line. Put some space between the address and the date.

Example					
Mick Jones, 55 The Square, Coolock, Dublin 5, D05 X11 10 Jan 2024					
Your address	55 The Square				
	D05 XII				
Date					
	10 Jan 2024				
Dear Sir or Madam					
l am writing to ask about classes in my area. Could you please send me a					
brochure with all the details?					
Thank you.					
Yours sincerely	(our name)				
Mick Jones					

Write out the address and date for these letters.

• Put the date on the last line.

20 St John's Terrace, Fairview, Dublin 3, D03 X11 22 Jan 24

Jacob's Biscuits, PO Box 170, Dublin 2, D02 X11 19 June 22

June Grogan, 8 Collins Road, Ballymore Eustace, Co Kildare, R51 X11 4 May 2018

Addressing an envelope

An address is made up of

- 1. Name
- 4. City or County
- 2. Street name 5. Eircode

3. Area

Sometimes you might also need to write down the:

6. Country

Each part of the address is written on a separate line.

Example

Michael Jones, 55 The Square, Coolock, Dublin 5

Michael Jones 55 The Square Coolock, Dublin 5 D05 X11

Start writing near the middle of the envelope.

Leave room for the stamp.

Put each part of the address on a new line.



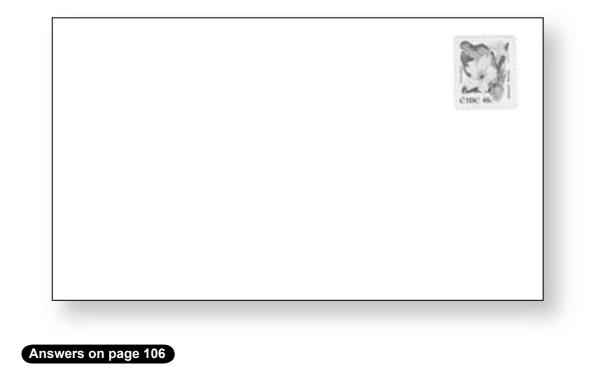


Now have a go at addressing some envelopes.

Henry Fagan, 20 St John's Terrace, Fairview, Dublin 3, D03 X11



Carla Garcia, Woodgrove, Holly Lane, London 6214H, UK

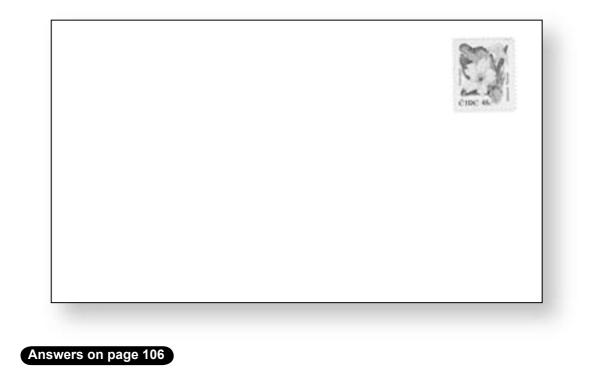


Jacob's Biscuits, PO Box 170, Dublin 2, D02 X11

PO Box means that instead of going to a house or business the letter is sent to a Post Office box where it will be collected.



NALA, Sandford Lodge, Sandford Close, Ranelegh, Dublin 6, D06 YF65.



Sometimes you are asked to send a SAE – a stamped addressed envelope. Write your own address on this envelope.



You can put your own address on the back of an envelope, a registered letter or a parcel. If the letter or parcel is not delivered it will be returned to you.



Personal letters

Tips for writing a personal letter – writing to someone you know well

Your address is always on the top right of the page.

Skip a line and write the date below this.

You are writing to someone you know well so your **greeting** could be:

> Dear Simone Hi Simone Hello Simone Greetings Simone

Your Address
Date
Greeting
 Message
Sign off
 Your Signature

Your message can be long or short. Write what you would say to the person if you were talking to them.

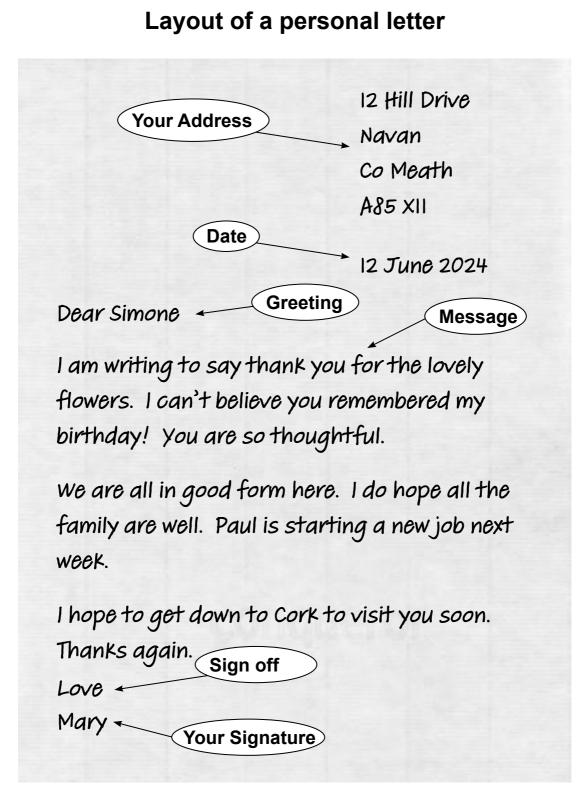
Your Sign off could be:

Love, Best wishes, All the best, See you soon, Take care

Signature: Just write your first name Mary

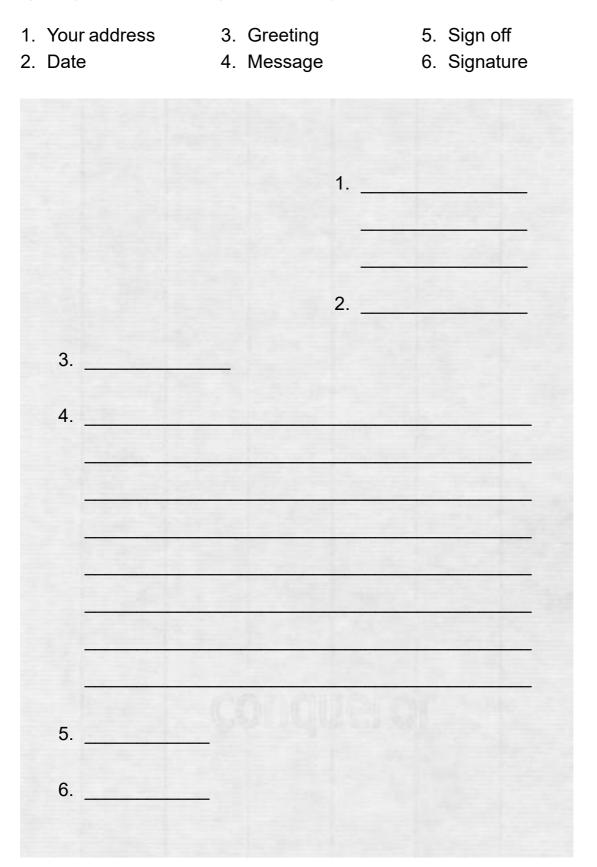
Personal letters

Letter to someone you know well



Getting to know the layout of a personal letter

Fill in the letter using your own details. Write to someone about how you are getting on. Your message can be very short.



Example of letter inviting friend to visit

12 Hill Drive Navan Co Meath A85 XII

15 May 2024

Dear Susan

I hope all is well with you. It has been ages since we saw you here in Meath.

I am writing to ask you to come and stay with us the weekend of 6 June. We are having a little get together because John is going to Australia for a year. It would be lovely for him to see you before he goes, you are his godmother after all. Let me know if you can make it, don't worry if not, any weekend before then is fine.

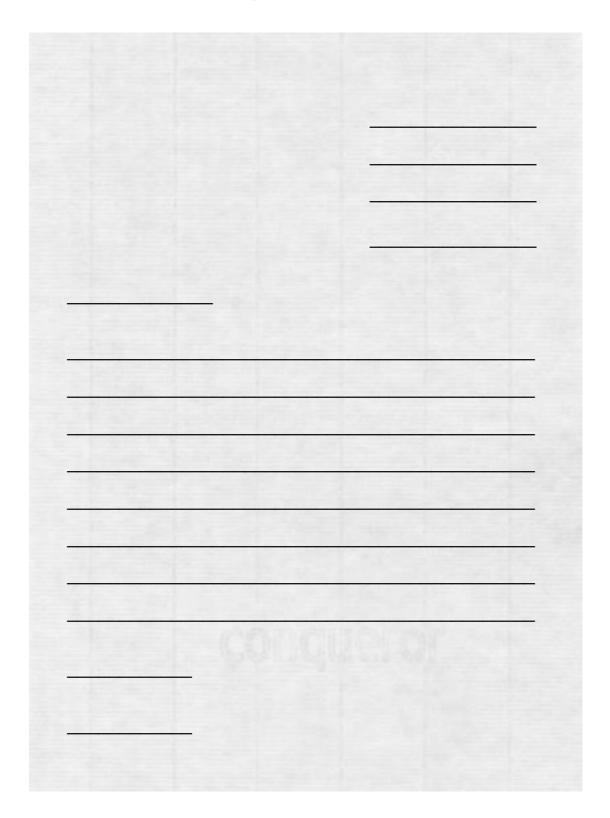
We are all in good form here. Very busy trying to get John organised. I will miss him while he's away. I do hope all the family are well.

Love

Mary

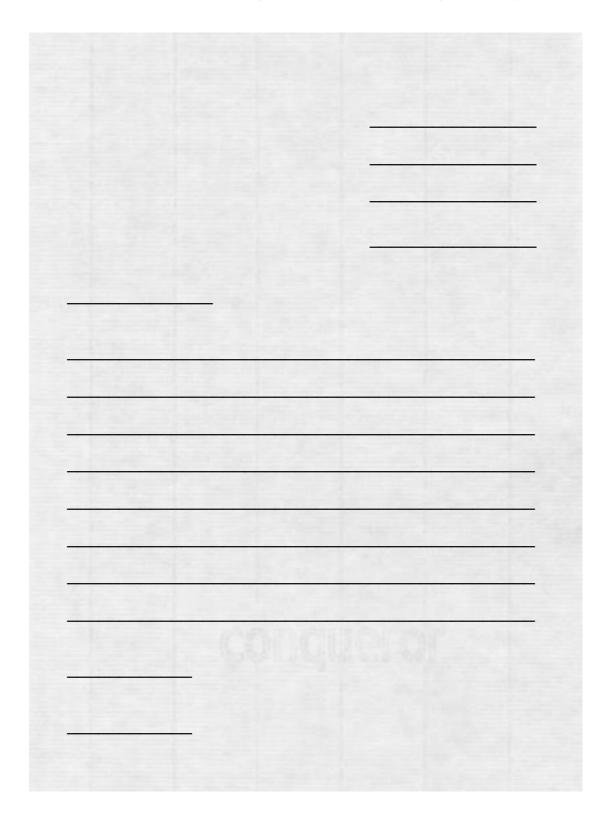
Writing a personal letter

Write a letter to a friend inviting them to visit.



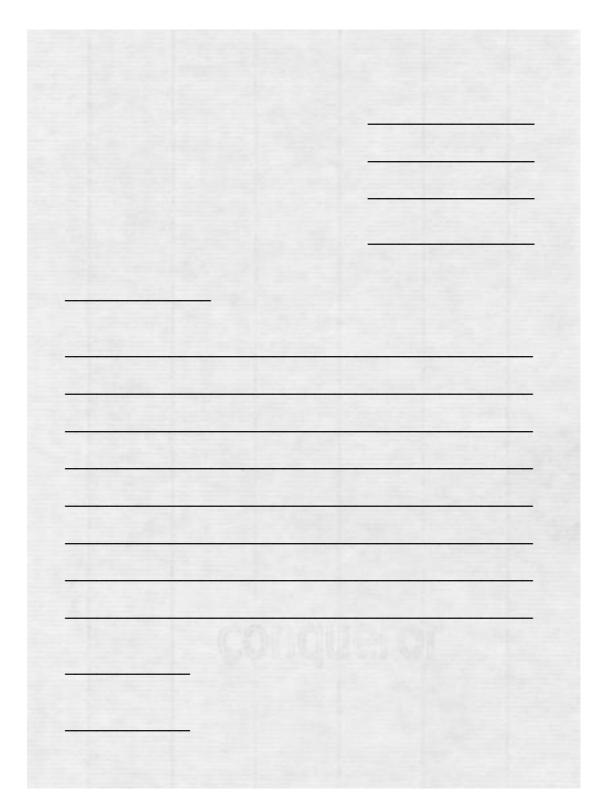
Catching up with family

Write a letter to a relative letting them know how things are in your life.



Writing about your holidays

Write a letter to your friend describing the last holiday you went on.



These are just ideas to get you started. Write to someone you know and send them the letter. It is always nice to get a letter so why not send one?



Formal letters

Tips for writing a formal or business letter

A formal letter is a letter to someone you don't know.

Some examples:

- Job application letter
- Letter of complaint
- Letter to newspaper
- Letter of enquiry
- Letter to a solicitor

Тір

It is a good idea to make a copy of an important letter. Most libraries have photocopiers you can use or you can take a photo with your phone.

Layout of a formal letter

Make sure you know the layout of a formal letter – where everything goes. This is almost the same as a personal letter.

- ✔ Your Address
- Date
- ✓ Name and address of the company, organisation or business
- Greeting
- Content (what you are writing about)
- Sign off
- ✔ Signature

Layout of a formal or business letter

Look at the sample letter on page 83 as you read this.

Your **address** is always on the top right of the page.

Write the **date** below your address.

Then write the **name and address of company, business** or **organisation** you are writing to.

Your **Greeting** is more formal. If you do not know the name of the person you are sending the letter to, you could write:

Dear Sir or Madam Dear Sir/Madam Dear Editor or Dear Manager

If you know the full name of the person you could write:

Dear Mr Smith or Dear Ms Jones

The main part of your letter is why you are writing Keep to the point and say why you are writing:

I am writing to complain

Give the information you need.

Ask for the information you require.

If you are enclosing something let them know in the letter:

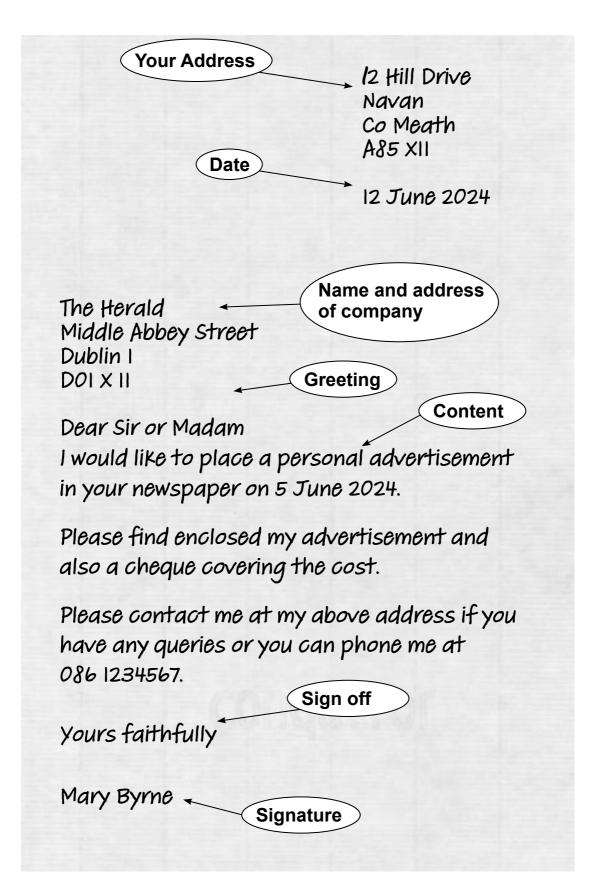
Please find enclosed

Your **Sign off** should be formal:

Yours sincerely (usually if you know the name of the person) Yours faithfully (usually if you do not know the name of the person)

Signature: Write your first and last name

Sample layout of a formal or business letter



Fill in some details using the layout guide. You do not have to write a full letter. Get to know where everything goes.

Your Address
Date
Name and address of company
Greeting Content
Sign off
Signature

Fill in the letter using your own details. Write to NALA, Sandford Lodge, Sandford Close, Ranelagh, Dublin 6, D06 YF65 asking them to send you a copy of the '**Brushing Up'** workbook.

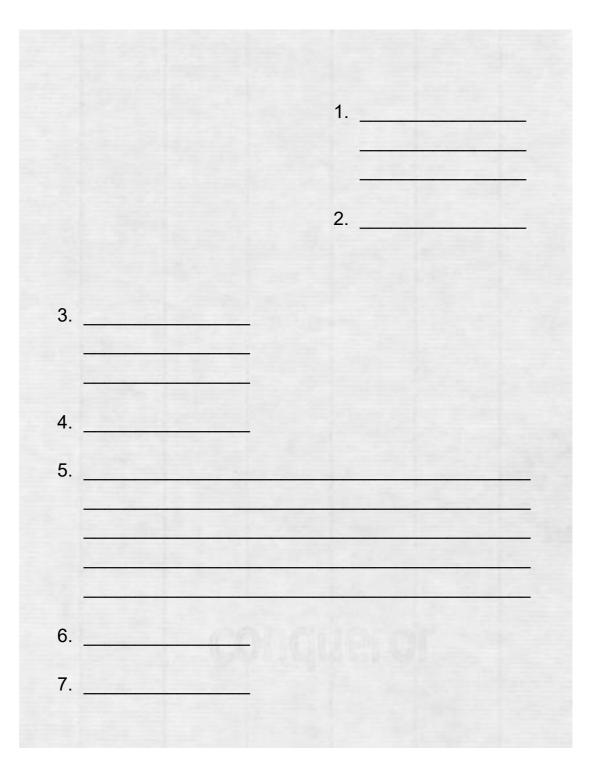
1. Your address

5. Content

2. Date

- 6. Sign off
- 3. Their name and address
- 4. Greeting

7. Signature



Example of letter asking for an application form

6 Mountain View Limerick Road Limerick V42 XII

30 September 2023

The Manager Glenview Country House Rathkeale Limerick V42 X12

Dear Sir or Madam

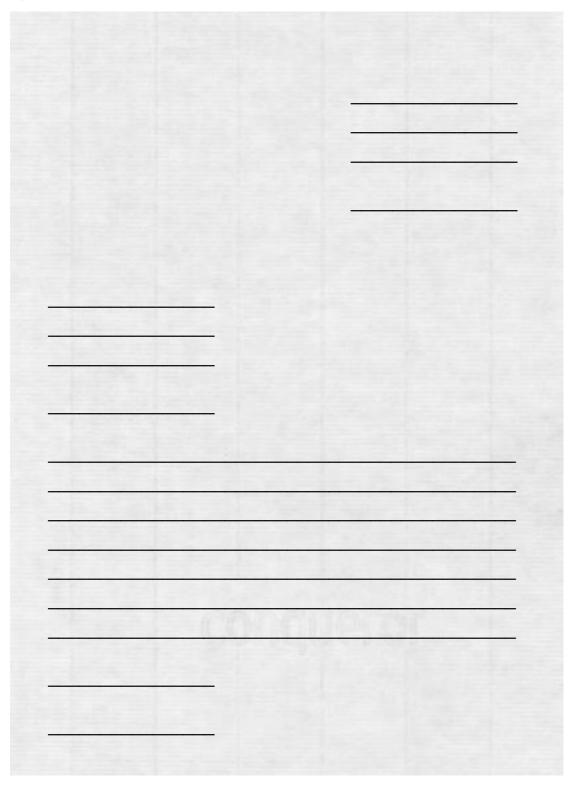
Please forward me an application form for the position of Bar Manager in Glenview Country House, as advertised in the Irish Independent on 29 September 2023.

Yours sincerely

Michael Byrne

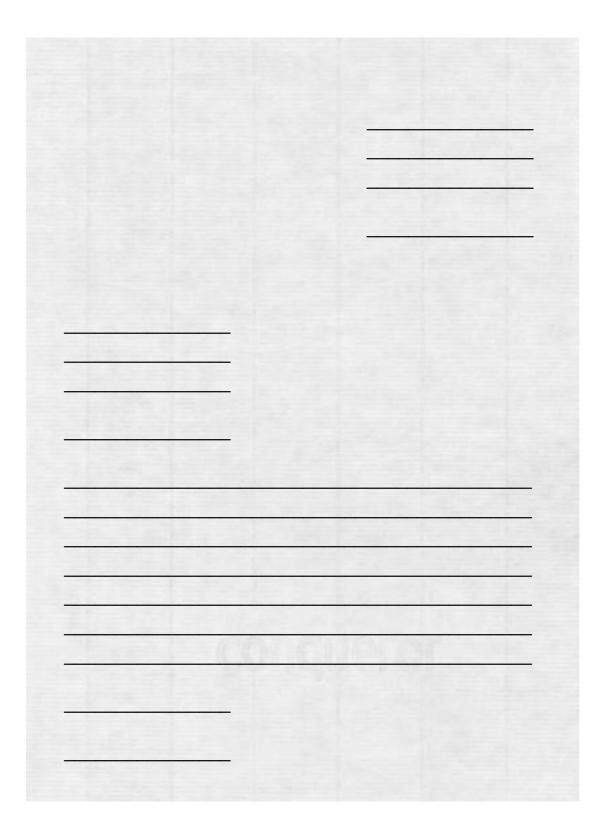
Replying to an advertisement

Write a letter to The Manager, Glenview Country House, Rathkeale, Limerick, V42 X12 asking for an application form for the position of Assistant Manager. You saw the position advertised in the The Herald today.



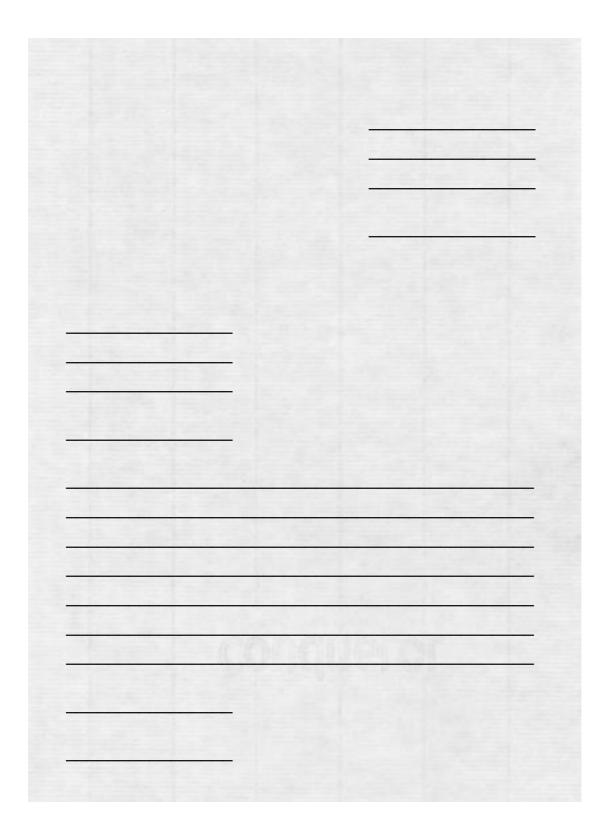
Job application letter

Write a letter applying for the job of Bar Manager in Glenview Country House, Rathkeale, Limerick, V42 X12. Briefly let them know your experience and let them know your CV and application form are enclosed.



Letter of complaint

You went out to dinner with your family to the Cheery Eaters Restaurant, Naas, Co Kildare, R51 X12. You had a bad experience. Examples: you were ages waiting to order, waiting for the food, food cold, spilled, over-charged. Write a letter of complaint to the manager.





Filling in forms

There are many times when you are asked to fill in a form. For example:

- Applying for a passport
- Applying for a driving licence
- Applying to join a library or club
- Applying for a job
- Giving information like in the Census form

Tips for filling in forms

- It is good to keep all the information you might need together so you can find your personal details quickly and easily, for example your Personal Public Service Number (PPS Number). You can get this number from the Department of Social Protection. It should also be on your pay slip or Public Services Card.
- Make a copy of the form so that if you make a mistake you can start again. You can always ask for an extra form to practise on.
- Read the form carefully before you write anything.
- You may not need to fill in everything.
- If it does not apply to you leave it blank.
- If there is something on the form you do not understand, ask for help.
- Often the information you need to give on forms is the same. Once you get used to filling in forms they will all become easier!

BLOCK LETTERS

Sometimes you are asked to fill a form in **Block Letters** or **Block Capitals**. This means writing EVERYTHING IN CAPITAL LETTERS.

This is to make the information very clear and easy to read or easy to scan by a computer.

Here are all the capital letters to remind you.

ABCDEFGHIJKLMNOPQRSTUVWXYZ

Make sure you know how to write each one.

А	 Ν	
В	 0	
С	 Р	
D	 Q	
Е	 R	
F	 S	
G	 Т	
н	 U	
I	 V	
J	 W	
Κ	 Х	
L	 Y	
М	 Z	

When you are asked to write in Block letters this does **not** mean your signature. You sign your name in the usual way.

Forms with boxes

When you have a form with boxes to fill in make sure to write **one** letter or **one** number in each box.

Surname	BYRNE
First name	MARY
Address	
	C O M E A T H R 4 5 X 1 2
Date of birth	2 5 0 6 1 9 8 4

Leave one box space between each word.

Fill in this form with **your own** information. Use BLOCK CAPITALS.

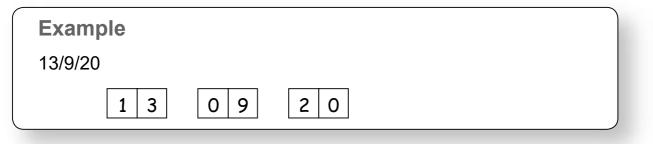
Surname	
First name	
Address	
Date of birth	

Writing dates in boxes

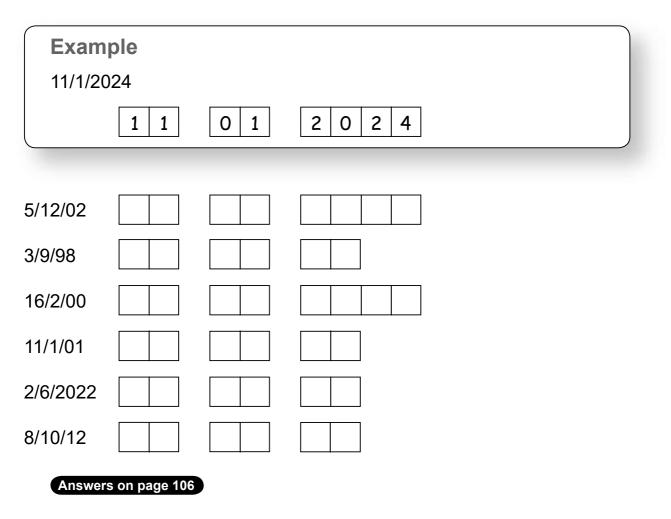
Write **one** number in each box.

Usually there are two boxes for the numbers.

If it is a single number like 3 and 9 you have to put a 0 first to fill all the boxes.



Sometimes the year will be written in full – 2019 Sometimes just the short form is used – 19



Some words that are used in forms

Sometimes forms use different words to ask the same thing.

First name: Mary

This can also be asked as Christian name or Forename.

Surname: Byrne

This can also be called Last name or Family name.

Be careful! Some forms ask you to put your surname first.

Address: This is where you live. 19 The Green, Rathmines, Dublin 6, D06 X11

You might be asked to write it out on separate lines.

Example	
Street: Town/City:	19 The Green Rathmines
County:	Dublin 6
Eircode :	D06 X11

Title: Mr, Mrs, Miss, Ms,	
Mr is used for all men.	Mr Michael Byrne
Mrs is used for a married woman.	Mrs Mary Byrne
Miss is used for a single woman.	Miss Mary Byrne
All women can use Ms .	Ms Mary Byrne
They can be married or single.	

Telephone / Phone: 01-234567 or 087 123 4567

Contact Number: This is where you can be reached most easily. If you don't have a phone this could be your friend's telephone number. It could be a **work number** or a **daytime number** (where you are during the day) or your **mobile number**.

Date of Birth: When you were born.DOB - the initials of each word Date of Birth.

21 December 1954 or 21/12/54

Signature: **How you write your first and last name together.** Your signature is unique. You are the only person in the world who writes your name in that way.

You **sign** a letter or a form or a cheque.

- Your signature is legally binding.
- You are agreeing to the conditions of the form.
- You are stating that the information you are giving is true.

You may want to take some time to practise **YOUR** signature.

Example: Patrick Kelly

Example

Here is a form filled out with Mary Byrne's details.



Application for Membership

First Name: Mary

Surname: Byrne

Title: Mr Ars Miss Miss Ms Address: 19 The Green, Rathmines, Dublin 6

Telephone: 01-234567

Daytime Contact Number: 01-765432

Date of Birth: 21-12-54

For information in relation to how we collect and use your personal information see our Data Protection Notice on our website www.grangelibrary.ie

Signature: Mary Byrne

Date: 26 January 2005

Application form

Fill out this form with **your** details. It is a good idea to have a friend look at this for you when you are finished.

		The Grange Library
	Application for Member	rship
First Nan	ne:	
Surname	:	
Title: Mr	Mrs Miss Ms	
Address:		
Telephon	IE:	
Daytime	Contact Number:	
Date of B	Birth:	
your pers	nation in relation to how we colled onal information see our Data Pr our website www.grangelibrary.i	otection
Signature	e:	
Date:		

More words used in forms

Occupation: This is the job you have or the work you do.

```
Example:
Homemaker, Farmer, Doctor, Waiter, Student,
Part time shop assistant, Unemployed
```

Nationality: This is the country you are a citizen of.

Example:

I am from Ireland so my **nationality** is Irish.

Country of origin: This also means the country you were born in.

Example:

Mary was born in England. Her **country of origin** is England.

Marital status: You may be asked to put a ✓ in a box to show the one that is right for you.

Married	Widowed	Separated
Single	Divorced	Civil partner 🖵

Dependants: People who are relying on you to provide for them.

Revision quiz Put a 🗸

in the right box.

1.	DOB stands for:a) Day of bouncingb) Date of birthc) Don't over book	
2.	Another name for your first name is: a) Forename b) Surname c) Last Name	
3.	Your country of origin is: a) Where you were brought up b) Where you were born c) Where you go on holiday	
4.	Your dependants are : a) Your cousins b) Your friends c) People you provide for	
5.	Your occupation is: a) If you are married or single b) Your job c) Your work history	

Answers on page 106



Membership Application Form

Complete this application form using **BLOCK CAPITALS**

Surname:		
Forename:		
Address:		
-		· · · · · · · · · · · · · · · · · · ·
Phone No:	Mobile:	
Please 🖌 the	correct box.	
Married Single	Widowed Divorced	Civil partner 🖵
Please 🗸 the	correct box.	
Gender: Male	Female	Prefer not to say 🖵
Date of birth:		
Occupation:		
your persona	on in relation to how we o al information see our Dat r website www.getfitgym.	a Protection
Signature:		

Job application form

You have replied to an advertisement for a job in Telesales. You are required to complete the following application form using block capitals.

Please complete this	s form in Block Capitals.
First Name:	Title:
Last Name:	
Address:	
Phone No:	
Contact No:	
Please ✔ the corre	ect box.
Date of birth: /	/
PPS No:	
Present occupatior	n:
Previous employm	ent:

Fill in the following form for your Childcare Centre

Use block capitals.

Forename:			
Last Name:			
Address:			
Home phone No:			
Mobile phone No:			
Names and dates of	birth of child	dren:	
Name		I	DOB
	[

Answers to the exercises

$\begin{array}{c|c} \underline{N} & \underline{E} \\ \underline{S} & \underline{N|A|L|A} \\ \underline{W & D} \\ \underline{S|P|E|L|L|I|N|G} \\ \underline{R} & \underline{N} \\ \underline{S|G} \end{array}$

А

Capital letters

Names (page 10)

Pat Byrne Anna Santos Jim Farrell Pawel Nowak Angela McDonagh Sara Dunne

Name and address (page 11)

- Valentine Kelly Clover Lane Sallins Co Kildare
- Vera Doyle Parkgate Mount Sion Co Waterford

Titles (page 14)

- 1. Mr Hyde
- 2. Mr Magoo
- 3. Dr Watson
- 4. Mrs Hyacinth Bucket

Writing days and months

WRIDING

Days of the week (page 17)

- 1. Monday
- 2. Tuesday
- 3. Monday to Friday
- 4. Wednesday
- 5. Saturday and Sunday

Word search (page 17)



Writing the months (page 20)

- 1. January
- 2. February
- 3. March
- 4. April
- 5. May
- 6. June
- 7. July and August
- 8. September
- 9. October
- 10. November
- 11. December

Short way of writing the months and year (page 21)

- **1.** Jan 24
- 2. Mar 19
- **3.** Dec 23
- 4. Aug 20

Writing sentences

What is a sentence? (page 23)

- **1.** the cat went to the. No
- **2.** I can hear the dog barking. Yes
- **3.** It is a lovely day. Yes
- 4. we went to the beach and then No

Match the beginning to the ending (page 23)

The weather is very nice today.

In the city the traffic is very heavy.

At eight o'clock the show will start.

Our cat is black and white.

We went to the match and our team won.

Putting in the full stop (page 27)

- The dog had a lovely white bone. Another dog tried to take it from him.
- 2. We went to the pictures last night. It was a very good film.
- **3.** At the wedding on Saturday we had our photos taken. They were very nice.
- The football team that won the league came to our town. The crowd was shouting and cheering.

More capital letters

Fill in the gaps (page 28)

- 1. Monday to Friday
- 2. Tuesday
- 3. Wednesday
- 4. Thursday
- 5. Saturday and Sunday.

Putting it all together (page 30)

- **1.** I went to the shops on Thursday.
- **2.** It rained all day when we were out walking.
- **3.** The postman has extra work at Christmas.
- 4. We had a great time at the races in Galway.
- 5. There is a lot of work needed to fix up an old house.
- 6. She has to buy a lot of new furniture.
- 7. He took his dog **S**pot for a walk by the river.
- 8. They had a public meeting in the town hall and I could not attend.

Putting it all together 2 (pages 31-32)

- 1. Today is Sunday 5 December. (3)
- **2.** Fair City is on a Tuesday, Thursday and **S**unday. (5)
- **3.** My friend Tom works for the Irish Independent. (4)
- 4. Mary and Michael are related to Dr. Brown. (4)
- 5. In June we are going to Crosshaven in Co Cork. (5)
- 6. Paris is the capital city of France.(2)
- 7. I think I left my bag in the cinema when we went to see Toy Story. (4)
- 8. Ann and Sarah work in Dunnes Stores. (4)
- 9. Angela's Ashes by Frank McCourt is set in Limerick. (6)

Writing a card

Match the greeting to the card (page 49)

Birthday card Christmas card Get well card Wedding card Happy Birthday Happy Christmas Get Well Soon Wishing you both every happiness

Congratulations card New baby card Good luck card

Congratulations! A baby girl! Good Luck in your exams

Writing dates

Order of the months (page 61)

- **1. April** is the fourth month
- 2. October is the tenth month

- 3. December is the twelfth month
- 4. June is the sixth month
- 5. November is the eleventh month
- 6. September is the ninth month

Writing the number in

a date (page 62)

a)	1 st	f)	20 th
b)	2 nd	a)	21 st

- **c)** 3rd **h)** 22nd
- **d)** 4th **i)** 23rd
- **e)** 12th **j)** 31st

Writing dates using words and numbers (page 63)

- a) 1 Mar 20 d) 18 Jun 11
- b) 15 Feb 63 e) 30 Oct 75
- c) 26 Apr 50 f) 3 Aug 79

Days in the month (page 64)

- 1. 314. 312. 315. 30
- **3.** 30

Using the calendar (page 65)

- **1.** Thursday **4.** Tuesday
- 2. Wednesday 5. Saturday
- **3.** Monday **6.** Wednesday

Writing the dates using numbers only (page 66)

- **a.** 15/5/2001 **d.** 6//7/2019
- **b.** 4/4/2016 **e.** 18/8/2022
- **c.** 26/6/2000 **f.** 1/11/2021

Addresses

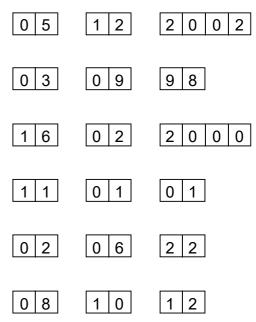
Writing the address in a letter (page 69)

20 St John's Terrace Fairview Dublin 3 D03 X11 22 Jan 24

Jacob's Biscuits PO Box 170 Dublin 2 D02 X11 19 June 22 June Grogan 8 Collins Road Ballymore Eustace Co Kildare R51 X11 4 May 2018 NALA Sandford Lodge Sandford Close Ranelagh Dublin 6 D06 YF65 e.y

Filling in forms

Writing dates in boxes (page 93)

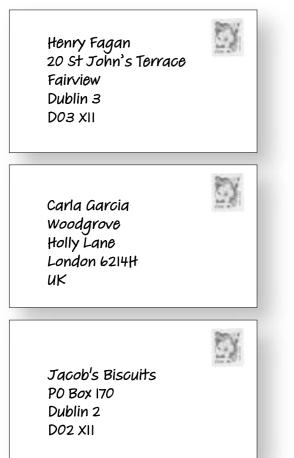


Revision quiz (page 99)

- 1. b DOB stands for Date of birth
- 2. a First name is also your Forename
- **3.** b Country of origin is where you were born
- **4.** c Dependants are people you provide for
- 5. b Occupation is your job

Addressing an envelope

(pages 71-73)



The National Adult Literacy Agency (NALA) is a charity and membership based organisation. We work to support adults with unmet literacy, numeracy and digital literacy needs to take part fully in society and to have access to learning opportunities that meet their needs. NALA does this by raising awareness of the importance of literacy, doing research and sharing good practice, providing online learning courses, providing a tutoring service and by lobbying for further investment to improve adult literacy, numeracy and digital literacy skills.

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National Adult Literacy Agency Áisíneacht Náisiúnta Litearthachta do Aosaigh









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