

# That's Interesting!



A worksheet for adults to practise reading, writing, spelling and numbers.

## Keeping a diary



Have you ever thought about writing a diary?

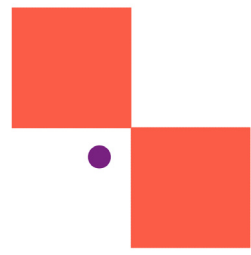
A diary is a journal that keeps account of the daily events that take place in our lives. These can include our actions, our feelings and thoughts, our plans, our goals and we may even add in a list of things we need to do for the week.



Some people find a diary helpful to organise their lives and their time and remind them of what they have to do. Others feel that it helps them to sort out their thoughts by writing them down. Some people use a diary as a way of being positive by writing about all the good things that are in their lives. For whatever reason you decide to write a diary, remember that it is a way to save memories for the future.

Firstly, there are no rules or set ways for writing a diary. It is for your eyes only so you can write it in any style you want, even draw pictures if that helps. Here are some tips to help you to get started:

- Plan when and how often you will write. Some people like to write every day or a few times every week. Once you have decided when you will write, try to stick to writing on a regular basis.
- Always put the date on the page because this will be important when you are looking back over it in years to come.
- Choose a notebook and a pen that you like and feel comfortable using and keep them in a safe, private place.
- It can be a great way to improve your handwriting or build confidence in writing. It is also a good way to work on spelling new words you have come across or looked up the spelling of.



Looking back at old diary entries can be a lovely way to recall old memories of people and events. Many people use these diaries when they write a story about their life (biography). Some diaries have actually been published as books.

The most famous of these is “The Diary of Anne Frank”. It is the story of a young Jewish girl during World War 2, when she and her family had to go into hiding in Amsterdam after the German army invaded their country.

For two years, Anne and her family hid in a secret room behind a bookcase in their home. For her 13th birthday, Anne was given a diary.

She started writing her diary in 1942 and continued until 1944, telling us about her experiences, her fears, thoughts and feelings during the two years of hiding.

Anne and her family were captured by the German army in 1944 and sent to a concentration camp where all except her father died. She was only 15 years old.

When the war ended, her diary, which she had hidden in the room, was found and given to her father. It was later published as a book. It has become one of the most famous books in the world and has been translated into more than 75 different languages.



**Anne Frank**

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Unknown author,  
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# Irregular past tense verbs



A verb is an action word.

When we want to use an action word in the past, we usually add the letters **ed** to the verb.

Example: I **walk** five km every day.

I **walked** 3 km yesterday.

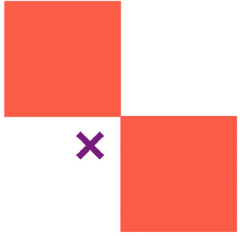
I **work** 5 days a week.

Last week, I **worked** 3 days.

However, for some action words we **do not use ed**. Instead, the word changes completely when we use them in the past tense.

## Here are some examples:

- think / thought.      I **think** about you very often. / I **thought** about Amy yesterday.
- buy / bought      I **buy** a newspaper every morning / I **bought** a book last week.
- bring / brought      I **bring** my lunch to work every day. / I **brought** a salad last week.
- drive / drove      I **drive** to work one day a week. / I **drove** to work all last week.
- fly / flew      I **fly** to Spain every July. / I **flew** to France last year.
- drink / drank      I **drink** a lot of water every day. / I **drank** milk for breakfast.
- hear / heard      I **hear** the birds singing every morning. / I **heard** the cuckoo.
- know / knew      I **know** how to do that. / I **knew** him years ago.
- find / found      I **find** it very cold in winter. / I **found** my missing dog.
- take / took      I **take** a little nap every evening. / I **took** a holiday last month.
- break / broke      Do not **break** that window. / I **broke** my glasses yesterday.
- lose / lost      It is not nice to **lose** something. / I **lost** my small bag.
- build / built      I **build** stone walls. / I **built** a new room last year.
- pay / paid      I **pay** my bills every month. / I **paid** my car tax last month.
- see / saw      I **see** the sun rise every morning. / I **saw** a hare yesterday.
- teach / taught      I **teach** maths in the local college. / I **taught** Irish last year.
- understand / understood      I **understand** what you are saying. / I **understood** that story.



Place the correct **past tense action word** in each sentence.

(The first one is done for you)

- 1. (buy) I **bought** a new pair of runners.
- 2. (think) I \_\_\_\_\_ I had more money left in my bank account.
- 3. (drink) I was very full after I \_\_\_\_\_ too much coffee.
- 4. (bring) I \_\_\_\_\_ a picnic with me to the park.
- 5. (pay) I \_\_\_\_\_ my electricity bill yesterday.
- 6. (find) I \_\_\_\_\_ a €10 note on the footpath.
- 7. (build) We \_\_\_\_\_ our own house.
- 8. (hear) I \_\_\_\_\_ the baby crying last night.
- 9. (break) He \_\_\_\_\_ the window when he kicked the ball at it.
- 10. (know) I \_\_\_\_\_ she was the right person for the job.
- 11. (take) She \_\_\_\_\_ all her money out of the bank.
- 12. (drive) He \_\_\_\_\_ a journey of 120km.
- 13. (fly) I \_\_\_\_\_ to Portugal for a holiday last month.
- 14. (lose) Tom \_\_\_\_\_ weight when he started walking.
- 15. (understand) I \_\_\_\_\_ everything I was asked to do.
- 16. (teach) My sister \_\_\_\_\_ me how to swim last year.

# Words ending in ight

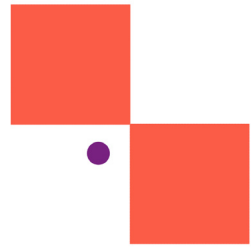


fight	right	fright	eight	tonight
light	sight	flight	weight	midnight
might	tight	slight	freight	fortnight
night	bright	delight	height	frightened

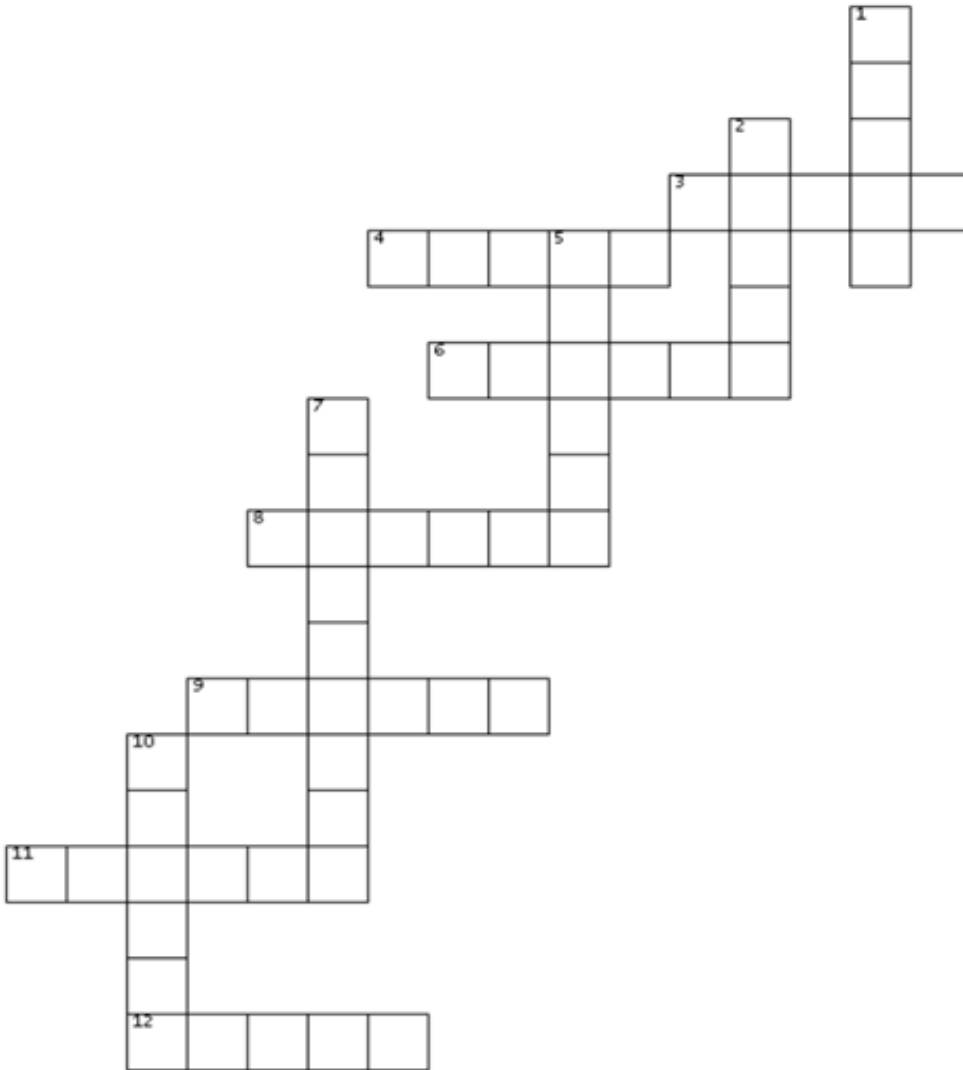
Fill in the blanks with a word from the list of **ight** words.

1. When it gets dark, we turn on the \_\_\_\_\_ .
2. I put on weight recently, so my clothes are a bit \_\_\_\_\_ .
3. Turn \_\_\_\_\_ at the traffic lights and my house is on the left.
4. A rock is heavy, and a feather is \_\_\_\_\_ .
5. I got a terrible \_\_\_\_\_ when I heard a noise downstairs.
6. I get my eye \_\_\_\_\_ tested every two years.
7. I booked a \_\_\_\_\_ to Spain for my holidays.
8. You have grown very tall, what \_\_\_\_\_ are you now?
9. Another word for two weeks is a \_\_\_\_\_ .
10. Is the answer \_\_\_\_\_ or wrong?
11. There is no need to be \_\_\_\_\_ , I will protect you
12. What time \_\_\_\_\_ will I collect you?
13. 12 o' clock at night is called \_\_\_\_\_ .
14. Can you close the curtain? The sunshine is very \_\_\_\_\_ .

# Crossword



The answers to the clues are all words ending in **ight**.



## Across

3. I \_\_\_\_\_ go, I'm still not sure.
4. When it gets dark, we turn on the \_\_\_\_\_.
6. There is a full moon tonight so it's very \_\_\_\_\_.
8. I got a \_\_\_\_\_ when I saw the mouse in the kitchen.
9. A little bit.
11. When you want to know how heavy it is, you ask what is the \_\_\_\_\_?
12. These new shoes are a bit \_\_\_\_\_.

## Down

1. The opposite to left is \_\_\_\_\_.
2. The number 8 in words.
5. When you want to know how high it is, you ask what is the \_\_\_\_\_?
7. Another word for 2 weeks.
10. A trip on an aeroplane.



1. Find the missing number in each of these:

- a.  $5 \times \square = 15$
- b.  $21 \div \square = 7$
- c.  $6 + 7 + \square = 19$
- d.  $48 \div \square \quad 4 =$
- e.  $25 \div \square = 5$
- f.  $8 \times \square = 56$
- g.  $(3 \times 4) + (6 \times 2) = \square$
- h.  $10 + 15 + 25 = \square$
- i.  $32 \div 4 = \square$
- j.  $12 + 8 + 10 = \square$

3. There are 60 minutes in 1 hour. How many hours are there in:

- a. 180 minutes =
- b. 90 minutes =
- c. 30 minutes =
- d. 210 minutes =
- e. 75 minutes =

2. When a number is squared it means that the number is multiplied by itself.

Example:

$4^2$  means  $4 \times 4$  and the answer is 16.

Find the answer to these:

- a.  $3^2 = \square$
- b.  $5^2 = \square$
- c.  $2^2 = \square$
- d.  $6^2 = \square$
- e.  $10^2 = \square$
- f.  $8^2 = \square$

4. Ann leaves home at 9.30am. She drives the 20-minute journey to town, spends 45 minutes shopping, 20 minutes at the bank and drives home again.

What time does she arrive home?

\_\_\_\_\_

## Answers

- 1. a3 b3 c6 d12 e5 f7 g24 h50 i8 j30
- 2. a9 b25 c4 d36 e100 f64
- 3. a3 b1½ c½ d3½ e1 hour 15 mins
- 4. 11.15 am

# Notes



Well done to **Martha** and **Simone** who are the winners of a book token each in our Christmas competition. Your book tokens have gone out in the post! A big thank you to everyone who entered.

## Further help is available

If you need help with these worksheets, or with reading, writing, maths or digital skills, you can contact the National Adult Literacy Agency (NALA).



Call us on Freephone **1 800 20 20 65**

You can study online on our Learn with NALA website [www.learnwithnala.ie](http://www.learnwithnala.ie) or with a tutor over the phone, or we can give details of your local Education and Training Board.



National Adult Literacy Agency

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